



SpARC

**(SpARC – Spiritual Application Research
Centre)**

Academy for a better world

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ABSTRACT

‘UNITY- the Glorifying Power’ was selected by the SpARC, Local Chapter Team of Brahma Kumaris, Tezpur (Assam) for workshop. This was done in view of eradicating superstition, falsehood and strengthening dignity of personal, social, spiritual life. The method was divided into four groups – (a) Personal life, (b) Social life, (c) Spiritual life and (d) Global life. The causes of disunity/disharmony were identified in each group. In each group discussions have been made in form of experiment through (a) thought, (b) speech and (c) dealings. The experimental findings have been presented in each category and results drawn. In conclusion it has been found out that the overall attempt as per invoke of present time, the arrangement of new construction of society will be excellence and optimism like empyrean where there will not be discrimination and will be constructive, concretely in concordance of ONE CULTURE, ONE LANGUAGE and ONE KINGDOM in tomorrow world as desired by Baba with the tune of anthem “SABKA MALIK EK HAI, KYOU BATA HUA SANSAR.”

A PROJECT REPORT ON

**UNITY: THE GLORIFYING
POWER**

IS SUBMITTED TO THE

**SPIRITUAL APPLICATION AND
RESEARCH CENTRE**

GYANSAROVAR, MOUNT ABU, RAJASTHAN

BY

THE LOCAL CHAPTER TEAM

BRAHMAKUMARIS, TEZPUR, ASSAM

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TITLE OF THE PROJECT

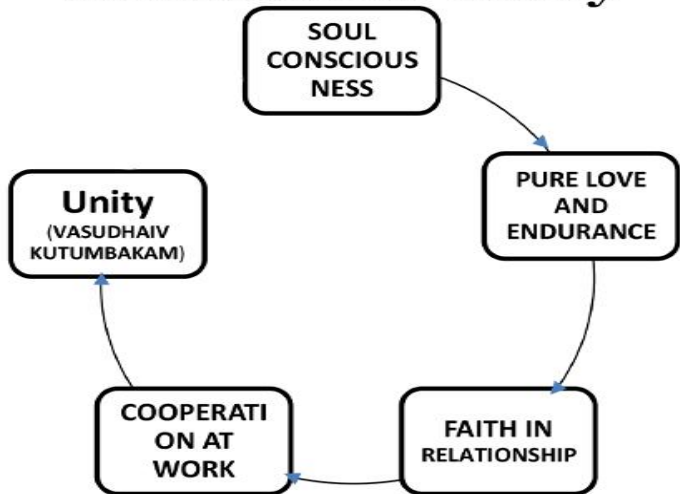
UNITY – THE GLORIFYING POWER



HINDU- MUSLIM- SIKH-ISAI

VASUDHAIV KUTUMBAKAM

Structure of Unity



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ACKNOWLEDGEMENT

HAPPY NEW YEAR 2001

We are heartily grateful to our most beloved, sweetest, ever pure BapDada without whose blessings the project would not have seen the dawn.

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We extend our thanks to each and every member of "SpARC Local Chapter Team". We are proud of them and without whose help and interest this project would not have come into reality.

Lastly, in favour of Beloved BapDada, we thank all the well-wishers and supporters who have directly or indirectly involved themselves in this project to make it possible.

Thanking you all.

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INTRODUCTION

In order to eradicate superstition, falsehoods and to strengthen dignity of personal, social, spiritual life, the project based on important virtue "UNITY" has been selected by the Local Chapter Team, Tezpur 784001(Assam) with a view of woe and worries, sorrow and suffering, quarrel and brutal killings in different segments of the society in particular and world in general. We are inspired for reestablishment of moral and spiritual values amongst four major branches, namely, Personal life Sociallife, Spiritual life and Global life.

The method has been adopted as workshop basis and divided into 4 (four) groups to find out the causes of disunity and their respective solutions.

The members of local chapter have sat and flavouring their ideas in experimental basis for creation of unity as desired by Baba in his Sreemat i.e. ONE THEORY/CULTURE, ONE LANGUAGE and ONE KINGDOM will be the tomorrow's world.

The project entitled 'UNITY' - THE GLORIFYING POWER is unique of its kind

where unity/harmony trips are arranged sequentially with respect thought, speech and action. Because only organized thought, speech and action will lead to solace and peace in life thus unifying all like a garland of many of many flowers.

The idea of this project is to share the knowledge based on the experiences of all Brahmins and others on the midst of global expansion of the knowledge for social and personal benefits respectively.

CHAPTER 1

METHOD : WORKSHOP

Group 'A'

Find out the causes of disunity /disharmony

(a) **Personal life**: In the personal life the causes of disunity/disharmony occurs due to being slave of the nature such as :

- (1) Body consciousness
- (2) Human want unlimited i.e.ambitious minded

- (3) Shortage of reality
- (4) Forgetfulness of his self-acquaint
- (5) Less of proper outlook
- (6) Less of proper behaviour
- (7) Less of proper attitudes
- (8) Less of proper habeas character
- (9) Less of proper integrated personality
- (10) Less of proper harmonious living
- (11) Less of proper cultivation of divine virtue
- (12) Less of proper art of winning friendship
- (13) Less of proper art of dealing and pleasing
- (14) Less of proper flawlessness
- (15) Less proper accommodating art
- (16) Less of proper art of adjustment

Group 'B'
(b) Social life

- 1) Due to want of goodwill in society
- 2) Due to different opinion/culture
- 3) Injustice due to negligence
- 4) Due to hatredness
- 5) Due to non co-operation
- 6) Due to faithlessness
- 7) Due to casteism/difference language

- 8) Due to communal feeling/selfishness
- 9) Due to discrimination
- 10) Due to want of moral values

Group C
(c) Spiritual Life

- 1) Due to dishonour of the rules and regulations of *Iswariya* culture
- 2) Non certainty/trustworthy on supreme soul
- 3) Less of susceptible on the spiritual lore (knowledge)
- 4) Less of appliance of divine virtue forbearance/tolerance/remote control
- 5) Less of surrender minded on God
- 6) Due to non-fore-go of the superstition
- 7) Due to negative thought
- 8) Due to laziness
- 9) Lack of determination power
- 10) Lack of habitual nature
- 11) Less of prevent and prevailing power
- 12) Shortage of pure love with each other
- 13) Less of capacity to make familiarity like brotherhood

- 14) Forgetness of self-philosophy
- a. Cause of birth and birth right
 - b. What is his aim and object?
 - c. What is his nature
 - d. What is his religion
 - e. What is his *karma*
 - f. What is his relation with God (Supreme soul)?

Group 'D'
(d)Global life

- 1) Less of goodwill and pure love to each and every country
- 2) Less of justice and justification
- 3) Less of regardness for human right and humanity
- 4) Tune of totality i.e.tolerance
- 5) The commitment for non-virulent
- 6) Less of concern for the well-being of others

CHAPTER 2

PERSONAL LIFE

The experiment has been conducted for finding the way for the unity from disunity.

DISCUSSION

In the present world many people have given priority on materialistic value such as money, building, health etc. for which the people being body consciousness and spend the time by running after these materials and they think that by possessing these materials will bring the happiness and peace in their life. So, they are busy for earning these materialistic things unlimitedly. But, they forget the reality of their life goal line and also self acquaintent. So, the obstacle has come into their outlook, behaviour, attitudes. These culminate habeas character and cannot fix the personal integration and do not want to live harmoniously. Only one tries to stand in self dignity. Due to inefficiency of art and culture, they cannot create the friendship and cannot deal and please others. So, they are always cut off from self-accommodating and adjustment with others.

Now let us see what result and effect will be there, if we apply the spirituality in the personal life.

EXPERIMENT

By thought

- 1) Will the materials which are earned by us be everlasting and will go with us at the time of departure from this physical world? Ans = No
- 2) After our departure from the earth will this body accompany us? Ans = No
- 3) If we earn and desire unlimited materials will the peace and happiness come? Ans = No
- 4) The people come to this world, generation after generation. From where and why they are coming and what is their aim and their reality? Ans = It is unknown.
- 5) What is the relation of everybody with each other in all over the world? Ans = It is unknown.

- 6) If we offer a friendship with a certain person, can I know his complete history and can be introduced him clearly? Ans = No
- 7) As per religion in the world, like Hindu, Christian, Muslim, Sikhs everyone has prayed God in different ways in different procedure but whom have they want? Can we explain efficiently about this and why they want only God? Ans = No
- 8) How everybody can make adjustment and what is the way in which approach will have to be made? We do not know. Who will guide us, why we try to meet him for this? Ans = No
- 9) There are some easy formula to spend one's valuable life. How it can be applicable in programme of this life. Are we efficient for this? Ans = No
- 10) Have all the people come from one God? What is our relation with him? Ans = Not known to many.

FINDINGS

First of all we are to find out the materials for which we are alive in this world (i.e. soul). So, we are to finalize ourselves as soul, not body. As per Sreemat of Bhagawat Gita and Baba, the ocean of knowledge, both have given us the fixed formula that soul consciousness is the only way for destruction of body consciousness.

All the materials which come to the picture are not ever lasting and will not go along with us at the time of departure from this physical world. So, we are to adopt some other materials as apparatus which will act for dilution of the body consciousness and enforce change.

- 1) Needed Art : Pure love with others: This is a great art to make relationship with others and conversion of the enemy into friends.
- 2) The quality of mixing and moulding: On earning this art, the man can be adjusted in any situation in any place and with anybody.
- 3) Divine virtue: Tolerance: The tolerance is one of the most important divine virtue for the life of human being which are called the tune of totality.

- 4) To abide by the Sreemat of Baba that all the souls from one God, so everybody is a brother/sister.
- 5) Baba said us that see no evil, do no evil, say no evil, think no evil, hear no evil and always be sweet and flawless.

RESULT

- 1) The self-orthodox of the soul is peace. Body is mortal but soul is immortal. Only soul will carry the nature along with him after departure from this physical world. The quotation of this is “as you think so shall you become”.
- 2) As we come to know that there are one father and mother of all soul so vanity should not be there. Hence, while living in this world we should be live unitedly with goodwill towards all.

CHAPTER 3

SOCIAL LIFE

DISCUSSION

Social : The word can be illustrated in meaningful way is :

S = SYMPATHY

O = ONENESS

C = CO-OPERATION

I = INTROVERSION

A = ALERTNESS

L = LOVE

(A) From the above illustration, it is seen that, at present the people are completely opposite in most of these qualities. No sympathy or goodwill are there among each other. If there be anything a little, there will be attachment of selfishness. Most of the people have become fickle minded and have full of mischievous virtue.

(B) No oneness is there, everybody has discriminating nature and full of polluted vibration in all around and become the innovated life of the people these being culminated in position due to which the devil

such as outrage, vanity, virulent, vulgarity etc. have been omnipresent. No value base morality is found at all in the present society. Most of the people, almost every time, think and act for self-benefit.

(C) Pollutionary vibration spreads in all level and the nature of the people become polluted. Now, everybody desire the divine change in the society so that the life can be spent peacefully, with complete happiness with dutiful behaviour and energetic contribution to the society.

EXPERIMENTAL FINDINGS

By thought

For correction of the society experiment can be made by :

- 1) Association among the people should be formed.
- 2) The qualified and eligible leader should be selected amongst them.
- 3) The leader should be competent enough to discharge his responsibilities through

intelligence and should possess divine character.

- 4) When the leader can keep control in mind, intellect and nature the association will be strong and active. The leader should play his part as beam/demonstrator.
- 5) The highest leader of the human society is supreme soul (i.e. Parampita Parmatma).
- 6) Parampita has formed the association throughout the world through this Godly university and the function of this university is going on for about 64 years now.
- 7) During this 64 years near about 6 (six) lakh students (people) have come forward to form an ideal society in the world.
- 8) He is **flavouring** the Godly knowledge and easy Rajyoga through Prajapita Brahma throughout the world.
- 9) Name this transformation time is PURUSHOTTAM SANGAM YUGA and He has fixed His agenda for implementation.

10) It is every possibility to set up the highest of the high society in the world.

11) It is sure that there will be no debris/float of mischievous virtue.

Agitation against the devil of the society and to remove them, the application of spirituality is highly needed into the life of everybody.

Apparatus used:

a) Mind: Power of determination

b) Intellect: Power of discrimination

c) Nature : Power of memory

These 3 (three) apparatus (a,b,c) as above have been carried by the soul originally. By applying the spirituality, the soul can control these three powers. There should be the spiritual knowledge in soul also where one's senses and sense organs will function correctly. Because the identification of soul is a sensitive conscient point of light, peace is his original attribute, his mother land is Paramdham i.e. soul world. The point of light, the Supreme Soul, is his father and He is immortal. This is the substance of the spiritual

knowledge. While he be present in such endurance, his senses and sense organs are involved in the best and valuable work, then, there will be born an ideal society. So, the spiritual knowledge is most momentous to construction of an exalted society. The people will be united automatically when their realisation will exist to the fact that, our actual motherland (soul world) is Paramdham. It is to be understood that in the world we are remaining as guest.

When the thought circuit is absorbed in such voltage in the mind of everybody, the unity will automatically be lightening in the society.

The aim of this experiment is to remove the debris from the society and the same is the chartered demand of the present society.

RESULTS

- 1) The unity will automatically come if the realisation of moral value of the spirituality as per experiment above is attained.
- 2) Because fighting for any chartered demand everybody should be united by giving up the individuality. Question of

lower and higher class anomalies etc.
does not/should not arise.

By Speech

- 1) The sound of the present sophisticated period and reconstruction of society is highly momentous. Although the man has been said to be social animal, from the dawn of civilisation shortage civic sense etc. have become improvidential.
- 2) Men have classified themselves through culture, religion, nature and created the identification categorically such as high caste, low caste, elite circle, rich class, poor class etc.
- 3) The religion such as Hindu, Muslim, Sikhs, Christian and others and the devotional method differs from religion to religion. But they want only 'One' who is the father of all souls and the creator. They do not know properly about this fact.
- 4) Negligence of thought also has played in casteism and classified lower and higher. But nobody knows that all the men in the

world are same, both brother/sisters originated from one source.

- 5) The causes of all these are, lack of spiritual knowledge so the spiritual knowledge is the most important factor for making unification of the diversional society.

EXPERIMENTAL FINDINGS

Let us take the experiment. The story of a farmer and his quarrelling sons is a unique example of unity. The story runs thus that one day the farmer called his quarrelling sons and advised them not to quarrel among themselves. The quarrel will break strength and will cause destruction in the relationships and ultimately they will be scattered separately and nobody could face any problem singly. But the sons did not pay any attention of their father's advice. After sometime, the farmer called his sons and gave them a single stick to break which they broke easily. Then the farmer tied the sticks and made into bundle and asked them to break – none of them could break it. By this, the sons learnt the lesson that the unity is the strength like bundle of sticks. Then they gave up the quarrels

from that day and spent non quarrelling life style unitedly and lived happily ever after.

RESULT

- 1) Negative tendencies should not prevail. Positive tendencies have to be preserved in society resulting the unity among the people.

By dealing

In the present society while dealing with others some persons have been found to be involved in selfish activities. No code of conduct is observed. Criticising others has become a predominant habit. Self-identity has been forgotten by many. Body consciousness makes the people to act differently. Forbearance capacity has been dwindling in present society. So, art of dealing is to be carefully applied while dealing with others. It should be kept in mind that we are actor in this huge drama running in a non-stop way.

EXPERIMENTAL FINDINGS

Now, it has come to be known that, without value base morality the life of the people could be like that of animal where rights of jungle

would be applied where there will be no sympathy, forbearance and characters like harassment, virulent, vanity, outrage, vice and vulgarity etc. would dominate. On the other hand, when the value-based morality will be abided by in the society, the man could behave like man and actual human rights could be imposed. Where there is morality, there will be no discrimination, polluted vibration and there would be no paucity of health, wealth and prosperity. Everybody can spend happy and peaceful life. When a person earns the value-based morality there will be change of the virtue in self appearance. As for example, if somebody practise adhering to the virtue of tolerance, in course of time it will change into his nature. Due to the virtue of tolerance, the man can be endurance of deity and he will be the owner of that natural virtue and become peaceful and happy and will be free from tension, no eagerness, **correction** of food and lodging and will not be slave to his voluptuous habits such as misuse of money and will endure in internal satisfaction simultaneously the *yoga* with God also would be prevalent.

RESULT

So, in Sreemat Bhagwat Gita the speech of God 'तस्मात् योगी भाव अर्जुन'. The meaning of the sloka is that Arjun, you become *yogi* but not only *yogi*, you may become user. The action of changing society involved in this *yuga* also.

CHAPTER 4

SPIRITUAL LIFE

DISCUSSION

In the spiritual life, the disunity takes place mainly for ego since sometimes somebody dishonours the rules and regulations of *Iswariya* culture.

Baba always advises to his children to attend the *Murali* class regularly, so that, by understanding the substance of the spiritual knowledge the children can be united as a son of one father and can cultivate the divine virtues in their life, those are flavouring by Baba in his valuable and sweet *Murali* every day, so that his children could forgive the superstition by keeping oneself apart from negative thoughts and being determinate on avoiding the habit of the old nature and could cultivate the habits of prevailing

power for pure love, capacity of familiarity like brotherhood.

Baba has introduced the self-philosophy of his children in his *Murali* both in (SAKAR and AVYAKT) that, the cause of their birth and their birth right, aim and object, nature and culture and relation with Him (God), respectively.

In spite of repeated sweetest advice, the disunity has taken place among his children. However, let us see how the unity can be created in spiritual life on experimental basis.

EXPERIMENT

By Thought

- 1) By admitting oneself into the Godly university and after completion of 7 days course one becomes eligible to be acquainted as a godly student.
- 2) As a Godly student of the Godly university, everybody should follow the Godly teachings.
- 3) Baba always directs His children to follow father, i.e., the life of Brahma Baba and He presses them to earn the divine

virtues in their life. Without the divine virtues it is not possible to change themselves from the unwanted virtues.

- 4) Baba acquaints us that, you are not a body, you are a soul and you are not inseparable part of me and you are my son.
- 5) The Sreemat of Baba is that, there are heavy loading of impression over your head of the previous birth as well as the present birth. So you always remember me and do the work as per my direction, then you will be free from the vice and your life will be enlightened.
- 6) Further, whatever you have seen with your physical eye, all these are ephemeral and **extirpationable**. So you forget all these exhibited materials in the present world and you exempt yourselves from all troubles.
- 7) There are no variable size of the soul, all are equal even that of Baba which is also a point of light. So one should not be divided in classification. There should not

be any disharmony in behaviour, dealing, talking etc.

EXPERIMENTAL FINDINGS

The spiritual life is completely different from the physical life. In the physical life there are many elements which engulf the actual life of the human being. Mainly there are 5 (five) elements such as sex-lust, anger, attachment, greediness and vanity, respectively. We are to fight against these five enemies as they put our life in hell.

Now to fight against these five elements, we, the Godly students should be united and the direction given by the supreme teacher should be strictly adhered to. At present, we have started our journey to the soul world and our aim is renewal of the world where there will be no sign of sin and impurity.

Baba wants co-operation from his children through His *Murali* on 25.12.2000 that the body of Brahma Baba has been surrendered to Shiv Baba, so His children are nothing to give him. He wants the co-operation from them only to establish the capital of the new world.

In another *Murali* in 1995, the Sreemat of Baba was that if anything is done by you, you will do the same amicably, failing which there will be

mixed *manmat* and as a result obstruction will be born.

In *Avyakt Murali* BapDada told us that all the souls of the world will wait for looking your miracle art and intellect, so be soul consciousness for which the other art will automatically be existed. (12.11.1972)

The atmosphere will be strengthened when you are united memorably. Attraction of so many souls can be drawn. (16.10.1975)

Most important point has been indicated by Baba in his *Avyakt Murali* that, you have become *Brahmin* and being authority of the Godly properties. Now, you have become world server, and you are lucky. But you must acquire the Karmatit endurance to pass with honour. So, top priority for practicing the bodiless stage like Brahma Baba should have to be done.

(29.11.1989)

In this way, there are several examples in both *Sakar* and *Avyakt Murali* of BapDada till today.

If we follow the Sreemat of BapDada thoroughly, the unity in our spiritual life will attain automatically and can become example in front of the world.

Ishwariya Vishwa Vidyalyaya aims at the purification or deification of man. With this end in view, four main subject are taught at the university: (i) Godly knowledge, (ii) Easy Rajyoga, (iii) Cultivation of divine attributes and (iv) Divine service.

Among these four subjects, Easy Rajayoga is mainly applicable in the spiritual life of the Godly student. Simultaneously other three subjects are also exclusively persuaded to change the course of the life.

At the physical level for rest and relaxation, easy Rajayoga is basic defence system to get an opportunity for faster recoup. To overcome emotion and fickleness at mental level *yoga* is only the instrument for subsidence and it helps in eradication of fear of death and other emotional imbalance.

One of our B.K. brothers was previously a heavy smoker. When he did not get to smoking he became angry and restless. He often did underestimate others and did not want to concord with others. But now after getting the spiritual knowledge his life style has been completely transformed. His dress, work, speech and manners have become spiritually royal and he has freed from the devastation able materials

and has become co-operative, loveful, noble and munificent.

RESULT

Understanding the moral value of spirituality is the backbone of “SADHANA” to keep it moving at a faster speed to reach the destination. So, we should always be alert for scarification for each other for creating the unity among us. Then everybody will be able to maintain reality, royalties and unity.

CHAPTER 5

GLOBAL LIFE

DISCUSSION

For the unification of all nations there is an organization is called U.N.O. i.e. United Nations Organization. There are two sub branches, namely, UNICEF and UNESCO. The UNICEF mainly is playing the part for welfare of the children irrespective the nations, caste, community etc. They have sponsored the welfare in all over the world. The next branch UNESCO has played the part for social co-operation. They are trying to make unity with all the countries through some programmes such as peace of culture. Under this branch of

organization, there are different departments such as National Human Right Commission, Social reforms etc.

Regarding the service programme of international year for culture of peace they have selected the organization of Brahma Kumaris as the organization will be most suitable for carrying out this project.

Mainly the reformation of personal, social is only the way of spirituality. So, this is the only organization which can reform and effect the transformation of the life of people in world.

Accordingly, the institution has carried out the action programme and the B.K. brothers/sisters are explaining the doctrine of six objects of the manifesto during their service for signature.

- i. Respect of life: Respect the life and dignity of each human being without discrimination or prejudice.
- ii. Reject violence: Practice nonviolence, rejecting violence in all its forms like physical, sexual, psychological, economical and social in particular towards the most deprived and vulnerable section such as children of others.

- iii. Share with others: Share time and material resources in a spirit of generosity to put an end to exclusion, injustice and political and economic oppression.
- iv. Listen to understand: Defence freedom of expression and cultural diversity giving preferences always to dialogue and listening without engaging in fanaticism, defamation and the rejection of others.
- v. Preserve the planet: Promote consumer behaviour that is responsible and development practices that respect all forms of life and preserve the balance of nature on the planet.
- vi. Discover solidarity: Contribute to the development of community with full participation of women and respect for domestic principle in order to create together new form of solidarity.

RESULT

Now, the result of the global lives unity depends on the three life, particularly personal, social and spiritual life. If everybody applies by the Iswariya culture in all over the world the unity

will be present in a beautiful manner throughout the world.

CONCLUSION

As early as in March 2000, we set the target of unity at each and every stage of individual life, irrespective of personal, social or spiritual affairs appreciable. We have achieved the target to a degree through mutual interaction of jewels of knowledge as per Baba's Sreemat among the associates of our team. In spite of many problems and shortcomings of every member, the practical tips as governed by action plan are really amazing. The overall attempt as per invoke of present time, the arrangement of new construction of society will be excellence and optimism like empyrean where there will not be discrimination and will be constructive, concretely in concordance of ONE CULTURE, ONE LANGUAGE and ONE KINGDOM in tomorrow's world as desired by Baba with the tune of anthem "SABKA MALIK EK HAI, KYOU BATA HUA SANSAR."

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