

Topics

Burnout to Bliss
 History of the Institution
 Self Realisation
 Recognising the Higher Power
 Balance Sheet of Life
 Self Care & Compassion
 Caring with Purpose
 3D Healthcare for a Healthy Heart
 Harmonising Science & Spirituality
 Call of Time
 Art and Science of Rajyoga
 Clarity in Chaos
 Healosophy
 Empowering Nurses to Empower Future Generation
 Hapitude
 Making Mind Your Best Friend
 Meditation as a Lifestyle
 Power of Belief
 Meditation: Future of Medication
 Meditation - Transforming Lives
 Values in Healthcare - A Spiritual Approach (VIHASA)

Rajyogini BK Asha
 Rajyogini BK Asha
 Rajyogini BK Usha
 Rajyogini BK Usha
 Rajyogini BK Shivani
 Rajyogini BK Shivani
 Dr Partap Midha
 Dr Satish Gupta
 Dr Mohit Gupta
 Rajyogini BK Anita
 Rajyogini BK Anita
 Dr Swapan Gupta
 BK Dr Sachin
 Dr Shubhada Neel
 Prof EV Girish
 Prof Dr Swaminathan
 Rajyogi BK Surya
 Rajyogi BK Surya
 Dr Sachin Parab
 Panel Discussion

Guidelines for registration:

Prior registration is mandatory through the local BK centre.

Registration only for Nursing directors, Principals, Deans, Consultants, Educators, Researchers, Superintendents, Incharges and Matrons.

Kindly excuse us for not permitting children, students and non-medico spouses.

Registration subject to availability of seats.

Nearest Airports: Udaipur 151 km; Ahmedabad 206 km
 Nearest Railway Station: Abu Road 12 km

CORRESPONDENCE



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NXT Digital	986	Hathway	839

Peace of Mind TV

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Airtel	678	Dish TV	1087
Videocon	1221	Sun	496

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Supreme Soul - God Shiva

11TH NATIONAL CONFERENCE FOR NURSING PROFESSIONALS

23rd to 25th July, 2026



Theme: Unleash Hidden
 Healing Potential

Venue : Brahma Kumaris,
 Mansarovar Campus,
 Abu Road, Rajasthan

Organised by :



Medical Wing
 Rajyoga Education
 & Research Foundation (RERF)



Global Hospital &
 Research Centre Trust
 Abu Road, Rajasthan (India)



Under the Patronage of
 Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya

Prior Registration is Mandatory through Local BK Center
 Scan For Registration





CORDIAL INVITATION

Dear spiritual sister/ brother,

it gives us great pleasure in inviting you to the National Conference for Nursing Professionals, a special event that will focus on non-clinical subjects that are often underscored under conventional curricula.

This conference will give you an opportunity to explore the immense potential of your mind, the creator of thoughts.

Thoughts are the seed of every human action. But being able to control the flow of thoughts is both an art and science that isn't addressed in schools and colleges, let alone in workplace trainings. Hence, the need for this conference.

Our National Conference for Nursing Professionals will draw on an experiential programme developed by The Janki Foundation for Spirituality in Healthcare, a UK based charity. Values in Healthcare - A Spiritual Approach, addresses the self-care needs of health professionals, and empowers them to perform better. VIHASA, as we call the programme, explores values and how they relate to personal life and professional practice. A modular training and development programme, VIHASA addresses an important gap in personal and team development.

Most of the faculty for this unique conference will be senior teachers of Rajyoga as practiced by the Brahma Kumaris, and experienced medical professionals who have applied Rajyoga meditation in their professional life.

You will experience the power of deep silence during your stay, an unforgettable experience that will help you awaken your dormant inner powers. You will also get an opportunity to understand new dimensions to improve your nursing practice. The vast, serene, empowering Mansarovar premises of Mount Abu is an ideal location for this experience. July is monsoon time when the surrounding hills are lush green.

We trust you will accept our invitation and join us for this once-in-a-lifetime experience for everlasting personal transformation.

Love and peace,

Dr Partap Midha
Managing Trustee
Global Hospital & Research Centre

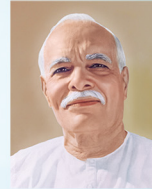
Rupa Upadhye
Chief of Nursing
J Watumull Global Hospital
& Research Centre

Dr Ashok Mehta
Renowned Oncosurgeon

Mathilde Sergeant
Coordinator
VIHASA

Dr Banarasil Sah
Secretary
Medical Wing (RERF)

The Organisers



Prajapita Brahma Baba
Founding Father



B.K. Mohini Didiji
Chief of
Brahma Kumaris

BRAHMA KUMARIS

The Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is an international NGO of the UN accredited with General consultative status with the ECOSOC; Associate Status with the DPI; Consultative Status with UNICEF; Observer Status to the UNEP; an Observer Organisation to UNFCCC; a Flagship Member of ERP, FAO. The organisation has completed 90 glorious years of service to humanity. It recognises intrinsic goodness of every human being and helps to rediscover it within each one of us. It has been honoured with 7 Peace Messenger Awards by the United Nations.

The organisation through its 4,000 associate centers in over 135 countries, offers education in human, moral and spiritual values and has made peace, love and happiness a sustainable experience in the lives of millions of people using spiritual principles, Rajyoga Meditation and Yogic lifestyle.

MEDICAL WING (RERF)

The Rajyoga Education and Research Foundation through its 20 wings, which includes the Medical Wing, imparts Spiritual Life Skills for personal and professional empowerment to every segment of society. The Medical Wing (estd. 1985) promotes holistic lifestyle, positive thinking, stress management, and health education programmes. It has organised over 250 holistic health fairs. Its project 'My India, Healthy India' was recognised by the India Book of Records as the longest distance health awareness campaign. With its more than 2000 members, Medical Wing is taking wellness to millions with its projects - Reversal of Coronary Artery Disease, De-addiction, Holistic approach to Diabetes, Divine Mother-Baby, Holistic Health Education Camps and many others.

GLOBAL HOSPITAL & RESEARCH CENTRE TRUST

The GHRC Trust runs the following hospitals - J. Watumull Global Hospital & Research Centre at Mount Abu and G.V. Modi Rural Hospital, P.C. Parmar Eye Hospital and Radha Mohan Mehrotra Trauma Centre in Talhati, Abu Road. The trust was entrusted the management of BSES Municipal General Hospital, Andheri(W), Mumbai in 2002 - a multispeciality hospital under public-private partnership.

JANKI FOUNDATION FOR GLOBAL HEALTHCARE

Janki Foundation for Global Healthcare is a UK-based healthcare charity, which encourages both research and awareness in the field of spirituality and health. The Foundation has developed an experiential programme of "Values in Healthcare - A Spiritual Approach" (VIHASA) which meets the spiritual needs of patients and self-care of healthcare professionals.