

Yeknami & Economy

Nowadays, scientists concentrate on creating quality rather than quantity; they are making everything very minute, so that even though something may be physically small, it has much more power concentrated within it. They have condensed the expansion of sweetness into the form of saccharine. They reduce expansion into its essence. In the same way, you, the Pandav Army, who are the elevated souls with the power of silence, are able to give someone the introduction through an hour's lecture. So, are you also able to remind others or give them a vision through a second's powerful drishti, a powerful stage, benevolent and soul conscious feelings? You now need to practice this. In order to become instruments to do this type of service you need two things. To what two things is Baba especially drawing your attention? Do you know what these two things are?

Firstly, Baba is asking you to pay attention all round and not to waste anything anywhere, and secondly, to lose weight. Those people tell you to reduce the weight of your body, but BapDada is telling you to reduce the weight of the burden on the soul, due to which you are unable to experience an

elevated stage. Firstly, do not waste anything and secondly, lose weight! Special attention has to be paid to both these aspects. By wasting your power and time, you are unable to accumulate, and because of not accumulating, you are unable to experience happiness or the powerful stage that you want. The task of you elevated souls is to become world benefactors. Therefore, you should have accumulated a stock of time and power not just for yourself, but also to serve many other souls. If you continue to waste, you will not experience being full. Nowadays, even the government has a budget scheme. So too, you should also save something by budgeting and aiming to be economical in the time and power you use on yourself. All souls of the entire world are the family of you elevated souls. The larger the family, the more one thinks of economising.

Who else has such a big family as yours? Keeping all souls in front of you, do you use your time and power whilst considering yourself to be an instrument for unlimited service? Are you aware of your stage of a master creator or do you just earn for yourself? Do you use some and waste the rest of it? Are you moving along carelessly in this way? So, budget all your treasures! You souls have such a huge responsibility; so, if you do not accumulate,

how would you succeed in your task? To know that everything is to happen according to the drama is an aspect of knowledge, but according to the drama, you have to be an instrument and attain your elevated attainment through serving. to the drama, you have to be an instrument and attain your elevated attainment through serving. Maintain this aim and budget all your treasures. What aim should you have for your budget? Do you remember the slogan, “Greater splendor through less expenditure”? Check all your treasures to see how many you have accumulated. From the accumulation in a physical account, you can only serve souls in a limited way. Check yourself in every subject as to whether you are able to be an instrument for unlimited service in every subject, or whether you are only able to serve through knowledge and not through your dharna. In order to pass fully and become an instrument for service, you need to pass in every subject. If you lack something in any subject, you will pass, but you will not pass fully. One is to pass with honour and the other is simply to pass. Those who simply pass and do not pass with honour have to experience punishment. Because of not passing with honour they have to experience some punishment. Those who pass with honour will observe others pass by. Therefore, you have to pass fully in every subject.

So, make a budget and save every treasure, that is, do not waste anything. Use every second and every thought to make yourself powerful in order to serve other souls.

28-06-1977

The power of silence can enable all souls to experience a meeting with the Father, the Ocean of Peace. The power of silence can enable the souls who have been wandering around for many births to experience the destination. It makes you into a great soul (mahatma), a righteous soul (dharamatma). The power of silence enables you to tour all three worlds in a second. Do you understand how great this power is? The power of silence enables you to labour less, and with less expenditure attain greater glory. The power of silence enables you to be economical with your treasures of thought. This means you can attain greater success in less time. The power of silence changes cries of distress into cries of victory. The power of silence enables you to be constantly garlanded with the garland of success. There are the cries of victory, and you are garlanded! Therefore, what else remains? Everything has been accomplished! So, did you hear how great you are? You don't use this great power enough.

13-11-1981

For the new children there is a very easy method. If you remember just one thing, and tell only that to all, then it is not at all difficult to remember that one thing, and to tell others, is it? Many things will be forgotten, but just one thing will not, will it? Be in remembrance of One. Keep on praising One. Keep on singing the songs of only One. And keep giving the introduction of only One. This is easy isn't it? Or is it difficult? Easy isn't it? Achcha. Wherever there is just One to remember, then automatically the stage becomes stable, doesn't it? This is what you want, isn't it? Therefore, just remember the one word "One". Sing praise of One. Remember One. so it is just one word to remember, isn't it? So it is easy. For the new children, Baba is giving an easy short cut path. So, you will reach quickly, won't you? This is what you all want. You have come late, but you want to be first. Therefore this is the short cut path. So you will reach quickly, won't you? This is what you all want. You have come late, but you want to be first. Therefore, this is the short cut path. Move forward on it, and you will be ahead of others.

12-12-1983

Thirdly, according to the time, to the extent that the atmosphere of peacelessness and upheaval is increasing, so, the line of your intellect has to be very clear because the two powers of touching and

catching are very necessary. Firstly, you should be able to catch BapDada's directions with your intellect. If the line is not clear, then the dictates of your own mind will also become mixed with BapDada's directions. And, because of being mixed, you will be deceived at that time. The clearer your intellect is, the more clearly you will be able to catch BapDada's directions. The clearer the line of your intellect is, the more easily the powers for yourself, for the growth in service and for being a bestower and giving to others will easily continue to increase. You will have a touching at that time. This is the accurate method is for serving a particular soul or what the accurate method is for self-progress. So, at present, both these powers are most essential. In order to increase them, you have to become one who belongs to One (Ekname), and who is economical. So, you belong to the one Father and none other. Attachment to others is something else. Attachment is wrong anyway, but the influence of the nature of others brings your stage into upheaval. The sanskars of others create conflict in your intellect. At that time, do you have the Father or the sanskars in your intellect? Even if the intellect is influenced by attachment or by conflict, the line of the intellect should be constantly clear. To belong to the one Father and none other is to be constantly with the

One (Eknamī). And, what is economy? Just saving physical wealth is not economy. That is also necessary, but time, thoughts and powers are also wealth and there has to be economy of all of these. Do not waste them. To be economical means to increase your account of accumulation. Those who have the sanskars of Eknamī and economy will be able to experience the powers of both touching and catching. You won't be able to experience these at the time of destruction. This practice is needed at this time. Only through having this practice will you be able to attain the elevated directions and liberation at the right time. You might think that there is still some time before destruction. OK, it might even be ten years, but if you try make this effort after ten years you won't be able to. No matter how much you try, you won't be able to make it. You will become weak, and then your end will pass by in battling, not in being successful. You are not going to become silver-aged, are you? To labour means to have a bow and arrow. To be constantly lost in love and to stay in happiness means to become murlidhar (one with a flute), to become part of the sun dynasty. A murli makes you dance whereas a bow and arrow make you labour to hit the target. So you mustn't become one with a bow and arrow, but one who has the murli. Therefore, do not

complain at the end and ask for a little more extra time. "Give us a chance and have some mercy!" This will not do. This is why Baba is telling you in advance. Whether you have come at the end or at the beginning, according to the time, it is time for everyone to reach the last stage. So you have to move at a fast speed. Do you understand? Achcha.

31-03-1986

Teachers can never complain. You are ones who make others complete, not the ones who complain. You never write such letters saying, "What can I do? This happened?" "This should not have happened." Writing such letters has finished, has it not? You were told earlier: Definitely write a letter. Definitely send a letter to Madhuban, but just write the two lines: "I am always OK." Those who have to read them don't have the time. Then you complain that you didn't receive an answer. Actually, BapDada definitely gives an answer to your letters in the murli every day. You write "OK" and in return for your OK BapDada gives you love, remembrance and says namaste. Is that not a response? Time has to be saved. Write service news in short. Then there will be economy of time, economy of paper and economy of postage. In what way can you economize? A letter can be written in

three pages; if you have been given a direction to write in detail, then you may write, but to ask for forgiveness for your mistake can also be written in two lines. Do not hide anything, but write it in short. There are many letters written which have no purpose in them. You say to Baba: Do this work for me. Make me well. Put my business right; make my wife well. Such letters don't come just once, they are sent 10 times. Become an incarnation of economy and inspire others to be the same. Achcha.

17-12-1989

The special basis and easy way for the success of tapasya is to make the lesson of 'One' (ek) firm. It is difficult to write the figures '2' or '3'. It is very easy to write '1'. Tapasya means to belong to One. This is what BapDada calls belonging to the One (Eknami). Tapasya means to stabilise (ekagra) the mind and the intellect. Tapasya means to love being in solitude (ekant). Tapasya means to maintain a stable (ek ras) stage. Tapasya means to save yourself from wasting all the treasures you have attained, that is, to move along with economy. So, the lesson of 'One' is now firm, is it not? Is the lesson of 'one' difficult or easy? It is easy, but.... You won't use such language, will you?

13-12-1990

(group 2) Do all of you experience having one strength and one support? What would be the sign of those who have one strength and one support? Souls who have one strength and one support stay constantly in a stable stage. A “stable stage” means constantly unshakeable: never any fluctuation. Do you remain like this? Or is there sometimes stability and sometimes fluctuation? At the time of fluctuation, would you say that there is one strength and one support, or many strengths and many supports? When you have attained all the powers from the one Father, there should be one strength and one support. It is when you forget the One that there is fluctuation. So, you are those who will remain unshakeable, are you not?

To have a constant stage means to experience the sweetness of all attainments and all relationships, with One. Do you have this experience? Or do other relationships pull you every now and then? When you experience all relationships with One, there is no question of being attracted to relationships with others. Do you experience all relationships, or only some relationships? Have you made Baba belong to you in all relationships, or have you placed some relationships aside? Do you have all relationships with One, or is your attention drawn to others? The

attention of some is drawn to their brothers, some to their children, some to their grand-children. No: to fulfil the responsibility is different from being attracted to the responsibility.

There is such a vast difference between having attachment, and moving along as a conqueror of attachment, a trustee. What would be the sign of someone who is a conqueror of attachment? He will never experience any waves of sorrow in earning or looking after his wealth. Do you experience any waves of sorrow when sometimes you earn less? Do you experience any waves of sorrow when your children or grand-children become ill? Are you conquerors of attachment? No matter what happens, do you remain carefree? To be a conqueror of attachment means that there is no name or trace of sorrow or anxiety. Are you like this, or do you still have to become this? So, “one strength and one support” means that there should not be the slightest fluctuation due to any waves of sorrow. You should constantly be the embodiment of the awareness that you have one strength and one support, and that you will remain this. Let there be the happiness that “I was this, I am this, and I will become this”. Achcha.

18-01-1994

Today is the day to have a determined thought. Not just a thought, but determination in your thought. What determination did you have today? That you have to become an incarnation of economy. To be economical in your thoughts, words and ordinary deeds. Secondly, keep your intellect constantly clear. This is what BapDada refers to when He says that the Lord is pleased with an honest heart. An honest and clean heart! At the present time, there is a great need for honesty and cleanliness. Honesty in your heart; honesty with the family and honesty with Baba. Do you understand?

13-02-1999

BapDada wishes to see the spirituality of every child on the basis of their purity. BapDada has everyone's chart. He doesn't say anything, but He has a chart of what each one does, and how they do it. BapDada has all the charts. Even in purity, the percentage of some children is very little. According to the time, souls of the world are wanting to see you souls as samples of spirituality. The easy method for this is simply to pay attention to one term. Repeatedly underline for yourself this one term. This one term is "May you be committed to One!" (Ekvrata). Where there is One, there is automatically stability. You automatically become

unshakeable and immovable. By being committed to One, it becomes very easy to follow one direction. Since you are committed to One then, by following the directions of the One Supreme, there will easily be salvation. Your stage automatically becomes constant and stable. Therefore, check yourself: Am I committed to One? Throughout the day, do my mind and intellect remain committed to One? In accounting, the account first begins with a “1”. A zero, a number. Add one number, add one zero and see how much it continues to increase! So, even if you don’t remember anything else, you can at least remember the word “One”. Time and souls are calling out to you souls who are committed to One. O deity souls, can you not hear the call of time and the call of souls? Even the elements are seeing you masters of the elements and are calling out to you: O souls, masters of the elements, now bring about transformation!

15-12-2001

BapDada has seen absolutely, whether in this land or abroad, that attention is lacking in going into the depth of the experience of each point. You pay very good attention to listening and speaking about it. You are number one in that. However, to become an embodiment of experience, and to experience the soul as you walk and move around, and experience

the combined form of the Father - the experience of these is lacking. Therefore, realise this and you will become real gold. But otherwise, BapDada is pleased that the teachers do pay attention. Your Dadi (Dadi Janki) gives you a lot of attention. If all of you pay as much attention to yourselves as she (Dadi) does and she hopes that she has in all of you, and if you keep your attention on the hopes that Baba has in all of you, then you are already number one. You do realise your weakness, but something is missing in bringing about transformation. In that, BapDada has seen that there is a lack of determination. And, secondly, in the speciality of being able to stabilise your mind so that you are able to stabilise it in whatever you want whenever you want – this is lacking. Determination and concentration: pay attention to these, whether you are from Bharat or from abroad. Until now, there is still waste; there isn't economy. Use your thoughts, words, relationships and connections, nature and sanskars economically. Economy is also essential. To the extent that you are economical with your thoughts, to that extent, you will not be able to stay without being economical in the yagya. If you don't know how to be economical in the yagya, if those sanskars are not emerging, then, understand that you don't have the habit of being economical with the

treasures of time and thoughts, and that is why the sanskars of being economical in the yagya are not emerging. So pay attention to determination, concentration and economy. Is this OK? 15-02-2007