

BK Dr. Nikhil Patel

Doctor & Rajyog Practitioner

Dr. Nikhil Patel passed his M.B.B.S. in 1987 from Government Medical College (GMC), Surat. He passed Diploma of Psychological Medicine and M.D. Psychiatry in 1990-91 with Honors from GMC, Surat.

- Dr. Patel is a Life-Fellow of Indian Psychiatric Society.
- Dr. Nikhil is a Life Member of Neurological Society of India.
- Dr. Patel has done research on Effect of Rajayoga Meditation on Drug Abuse and Neurotic illnesses. He has presented his research papers in National and International Conferences.
- He has been a regular student of Brahma Kumaris World Spiritual Institution since teenage.
- He has actively participated and organized Health Awareness Campaigns, National and International Conferences and other activities organized by the Medical Wing of Brahma Kumaris Institution.
- He has conducted educational lectures for students, doctors, engineers, educationists, executives and other professionals on Stress-Management. He has also been the examiner of M.D./Diploma for some universities.
- Dr. Patel is featured on National and International Television Programmes and has telecast radio programmes on several occasions.
- Dr. Nikhil is a Consultant Neuropsychiatrist in Global Hospital & Research Centre, Mount Abu (India) since 1993. Currently, he carries out research on meditation with different equipment like EEG/Biofeedback.
- Dr. Patel is a Life Member of Indian Society of Clinical and Experimentation hypnosis.
- He was the President of IMA (Abu branch).